

CERTIFICATE OF PARTICIPATION

This is to certify that

phila mpongoma

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:10:36

PACE 05:57/km

GENDER 115 of 303

OVERALL 130 of 438

40+ 38 of 105

26 October 2019, Sat

Date



BoutTime

Signature

